

## Frequently asked questions:

- **Do we have to carry full packs at any time?**

No. Horses carry all of our gear so you do not have to carry a heavy backpack at any time.

- **What kind of logistic support do you offer on the mountain?**

Our expedition offers full support for your comfort. We provide tents for sleeping and dining, cooks to prepare our food, horse handlers, and guides and assistants to help you with anything you may need: from translations and setting up tents for you, to packing and answering any questions.

- **Can you give me a feel for the level of difficulty of the trip? Do you have to have any mountaineering experience to participate?**

Since this trip is done in the middle of the Summer (February in the southern hemisphere) access is remarkably straight forward. **Clients are not required to have any mountaineering experience.** Participants can choose to either:

-hike the whole distance between the vehicle drop off point and the Valley of Tears, and back (about 16 miles each way and 5000 vertical feet gain) over the course of 4 days.

-hike some of the distance (whatever distance desired) and ride horses for the remainder.

-or simply ride horses all the way to the Valley and back. This being the least physically demanding choice, all it requires is to ride horses for 2-4 hours a day for the 4 days we are on the mountains.

- **I'd rather hike than ride horses, is this an option?**

Yes. Participants can get as much exercise or make it as challenging as they would like but it can also be done with minimal effort if horses are used exclusively which is a good choice for people who are more interested in sightseeing, listening to Eduardo and spending a few days in the beautiful Andes than challenging themselves physically. Of course those who enjoy hiking can get all of that and as much or as little hiking as they want in a spectacular setting. Also see previous question and answer.

- **I have never been to high altitudes before, will this be a problem?**

Our itinerary includes plenty of days for acclimatization. We raise our sleeping altitude very gradually to avoid having any problems with altitude. Most of our clients tend to come from sea level (Eduardo Strauch also lives at sea level in Montevideo) so we have designed a generous acclimatization schedule that has been 100% successful in past trips.

- **How do I sign up?**

Simply, print and fill out the application and mail it with your deposit. Mailing address and deposit amount is to be found on the application. **Make sure to read the payment information document before sending your application.** All of these documents are found here:

<http://www.alpineexpeditions.net/futuretrips/survivors/index.html>