

CLOTHING AND GEAR LIST FOR ANDES SURVIVORS TRIP

Clothing:

- Hiking boots
- Running shoes
- Warm socks that fit your hiking boots
- Pants that are comfortable for horse back riding
- Wide Brim Hat
- Sunglasses
- Street clothes for wearing off the mountain (Weather in that part of Argentina in February is hot during the days and cool and pleasant at nights)

For the mountains we recommend bringing several layers to be able to adjust to different temperatures. During the Austral summer (December thru March) temperatures on the mountain can range from high 80's to below freezing at night. The following layering system is recommended but not required as long as you have warm enough clothing, as well as rain gear.

- T-shirt (preferably not 100% cotton)
- Long sleeve shirt (preferably not 100% cotton)
- Fleece jacket and fleece vest
- Light Thermal Underwear tops and bottoms
- Shell Pants windproof, waterproof and breathable (preferably Gore Tex)
- Wind and Rain parka (preferably Gore Tex)
- Down or synthetic Jacket with hood
- Winter Hat (fleece)
- Warm Gloves

Camping Gear:

- Head lamp and extra batteries
- Sunscreen and Lip protection
- Pocket Knife (optional)
- Camera and film (recommended)
- Small fanny pack
- One-liter water bottle (two bottles if planning on hiking)
- Toiletries including toothbrush/toothpaste, some toilet paper, soap, wet wipes, travel towel, hand sanitizer, ear plugs, etc.
- sleeping bag rated 20° F or lower
- Sleeping pad (not required but could be added to the padding provided for more comfort)
- Bandana
- Binoculars (optional)
- Insect repellent
- Bring an assortment of your favorite energy bars (8 or 10 bars should do). Note: it is illegal to bring beef jerky, any meats or fresh produce into Argentina. Bars are not a problem.