

Alpine Expeditions
ANDES SURVIVORS COLORADO EXPEDITION
PERSONAL EQUIPMENT/CLOTHING

Clothing:

- Rain gear (Gortex or coated nylon). Hooded shell and pant or Poncho.
- Long Underwear (top and bottom)
- Sweater (wool or fleece)
- Hiking pants (wool, lycra or synthetic blends)
- Long sleeve shirt or zip-turtleneck
- Vest or jacket (good optional extra layer)
- Gortex or leather hiking boots with above ankle support
- Light shoes/sneakers (for hut)
- Wool socks 2 pairs
- Liner socks 2-3 pairs
- Hiking shorts
- Cotton T-shirt
- Leg gaiters (can be provided by Alpine Expeditions)
- Warm gloves
- Winter hat (wool or synthetic)
- Sun hat

Additional gear:

- Bandana
- 1 or 2 (1 quart) Bottle(s) or hydration system
- Insect repellent
- Sunglasses
- Flashlight/Headlamp (bring extra batteries)
- Sunscreen. SPF #15 as a minimum
- Lip balm
- Small hand towel
- Personal toiletries

Optional:

- Camera
- Swimsuit
- Compass
- Knife
- Lightweight binoculars
- Book/notebook/pencils
- Sleeping Bag - we recommend a bag rated 20°F (can be provided by Alpine Expeditions)
- Backpack (can be provided by Alpine Expeditions)
- Energy bars (can be provided by Alpine Expeditions)
- Your copy of the book Alive!